





Vision And Handicaps

## gerie Multimodale de la DMLA DRUSEN

## Sarah Mrejen 💼

DU DMLA 14 juin 2023



NYU Medical Center / School of Medicine Department of Ophthalmology



VITREOUS-RETINA-MACULA CONSULTANTS OF NEW YORK, P.C.



INSTITUT DE

## Age-Related Macular Degeneration General Facts

- Heterogeneous chronic progressive degenerative disease of the central retina, in older adults
- First cause of blindness in industrialized countries
- Paramount observations by Gass
  - 1967: CNV
  - 1973: drusen evolve to CNV
- Classifications evolve to become more predictive of evolutive risks towards late stages

Gass JD. Pathogenesis of disciform detachment of the neuroepithelium. Am J Ophthalmol 1967. Gass JD. Drusen and disciform macular detachment and degeneration. Arch Ophthalmol 1973.

## **Advanced Age-Related Macular Degeneration**

Common genetic and environmental risk factors for wet and atrophic AMD Common imaging biomarkers predictive of atrophy and CNV

Large soft drusen Pigmentary changes Reticular Pseudodrusen



## Age-Related Macular Degeneration Phenotypes through Multimodal Imaging

- Towards a new anatomic classification of drusen
  - Sub-RPE Drusen
    - Conventional drusen
    - Cuticular drusen
  - Subretinal Drusen
    - Reticular pseudodrusen
- Towards a new anatomic classification of neovascular AMD (1)
  - Type 1 neovascularisation (NV): sub-RPE NV, occult
  - Type 2 NV: subretinal, classic
  - Type 3 NV: intraretinal, Retinal Angiomatous Proliferation (RAP)
- Towards a new anatomical classification of atrophy?
  - RPE atrophy or Geographic atrophy
  - Outer retinal atrophy without RPE loss (2)
- 1. Freund KB, Zweifel SA, Engelbert M. Do we need a new classification for choroidal neovascularization in age-related macular degeneration? Retina 2010.
- 2. Spaide RF. Outer retinal atrophy after regression of subretinal drusenoid deposits as a newly recognized form of late AMD. Retina 2013.

## Drusen Classification

Small drusen

### < 63 microns

### Intermediate drusen

63 to 124 microns

### Large drusen >125 microns



1991

Klein R, Davis MD, Magli YL, et al. The Wisconsin age-related maculopathy grading system. Ophthalmology 1991. Ferris et al, 2013

## Drusen Classification

Clinical Classification of Age-related Macular Degeneration

Frederick L. Ferris III, MD,<sup>1</sup> C. P. Wilkinson, MD,<sup>2</sup> Alan Bird, MD,<sup>3</sup> Usha Chakravarshy, MD,<sup>4</sup> Emily Chew, MD,<sup>1</sup> Karl Csaky, MD,<sup>5</sup> SriniVas R. Sadda, MD,<sup>6</sup> on behalf of the Beckman Initiative for Macular Research Classification Committee<sup>\*</sup>

< 63 microns

### Medium drusen

63 to 124 microns

Large drusen
>125 microns

Pigmentary Changes

NORMAL AGEING

EARLY AMD

**INTERMEDIATE AMD** 

**INTERMEDIATE AMD** 









 1 eye
 0.4%
 0.5%
 3.9%
 medium drusen 20%

 2 eyes
 0.4%
 2.1%
 13%
 large drusen 47.3%

5-year rate of developing advanced AMD for conventional drusen

## Drusen Classification using Multimodal Imaging







### Conventional Drusen Cuticular Drusen Reticular Pseudodrusen



## Multimodal Imaging Tools to investigate the pathogenesis

- SD OCT and eye-tracking → Dynamic evaluation

   sequence of events leading to late AMD
   predictive biomarkers
- SD OCT biomarkers correlation with histology
- Cellular level imaging in vivo  $\rightarrow$  Adaptive Optics
- Evaluating perilesional areas
   Space is a surrogate for time

## Multimodal Imaging Adaptive Optics

Correcting element electromagnetic deformable mirror

Wavefront sensor 1024-lenslet Shack-Hartmann sensor

**Charge-Coupled Device Camera** 

2 light sources: SLD 750nm (optical aberrations) Our protocol multiple AO images 1 to 8° of retinal eccentricity transverse resolution: 3 μm consent form / IRB approval mage size : 4x4 degrees Acquisition time: 4 seconds, 40 images

Rtx-1 Adaptive Optics (AO) Flood-Illuminated Retinal Camera





## Multimodal Imaging Adaptive Optics



PSI MAORI scanning AO-SLO-OCT Kate Grieve

Figure: D. Miller, University of Indiana

## Multimodal Imaging Adaptive Optics



cone detection and packing density measurement

17580 cones / mm<sup>2</sup>

Software programs provided by the manufacturer CK v0.1 and AO detect v0.1 (Imagine Eyes, France)

## Drusen: différents phénotypes

Dépôts focaux de matériel extra-cellulaire

### Tous les drusen composition biochimique similaire

Dérivés des glucides, zinc, cellules inflammatoires Protéines

Vitronectine, Apolipoprotéines E, B, béta-amyloïde, complément Lipides

Cholestérol estérifié et non estérifié

### Vers une nouvelle classification anatomique des drusen

Drusen sous-épithéliaux Drusen séreux conventionnels Drusen cuticulaires Drusen pré-épithéliaux Pseudodrusen réticulés

### Pertinence d'une classification des drusen basée sur l'imagerie multimodale?

Retentissement différent sur les photorécepteurs → sensibilité rétinienne Evolution différente? Complications spécifiques Risque différentiel d'évolution vers les stades de DMLA tardive

## Large Soft Drusen



Curcio: "lipoprotein-derived debris: esterified and unesterified cholesterol" More frequent in the central macula

## Soft Drusen Multimodal Imaging



## Soft Drusen Adaptive Optics



Rtx-1 Adaptive Optics (AO) Flood-Illuminated Retinal Camera

## Soft Drusen Adaptive Optics

### Co-localization of soft drusen with IR-SLO, SD-OCT and AO



Mrejen S, Sato T, Curcio CA, Spaide RF. Assessing the cone photoreceptor mosaic in eyes with pseudodrusen and soft drusen in vivo using adaptive optics imaging. Ophthalmology 2013.

## Drusenoid PED



## Drusenoid PED Acquired Vitelliform Lesions



The "sunny-side up"

K Bailey Freund

## Drusenoid PED Acquired Vitelliform Lesions





### RPE atrophy predates the collapse of the PED

# **Drusenoid PED** Acquired Vitelliform Lesion and Evolution to RPE Atrophy 2010 2012

RPE atrophy predates the collapse of the PED

## Drusenoid PED

Pigmentary changes and Mixed content serous and drusenoid



## Drusenoid PED Associated features



Pigmentary changes, acquired vitelliform lesions and mixed content often associated Rule out neovascularization through multimodal imaging Signs of RPE decompensation that predates RPE atrophy and PED collapse

## Drusen séreux

### Biomarqueurs de l'atrophie en OCT SD

Optical Coherence Tomography–Defined Changes Preceding the Development of Drusen-Associated Atrophy in Age-Related Macular Degeneration

Zhichao Wu, BAppSc(Optom),<sup>1</sup> Chi D. Luu, PhD,<sup>1</sup> Lauren N. Ayton, PhD,<sup>1</sup> Jonathan K. Goh, MBBS, BMedSci,<sup>1</sup> Lucia M. Lucci, MD,<sup>2</sup> William C. Hubbard, BS,<sup>2</sup> Jill L. Hageman, RN,<sup>2</sup> Gregory S. Hageman, PhD,<sup>2</sup> Robyn H. Guymer, MBBS, PhD<sup>1</sup>

Ophthalmology Volume 121, Number 12, December 2014

Analyse longitudinale de cas de DMLA intermédiaire sur 20 mois

221 yeux de 181 patients DMLA intermédiaire sans aucun signe d'atrophie

16 /221 yeux ont développé de l'atrophie au niveau des drusen en 20 mois

Définition de signes prédictifs d'évolution vers l'atrophie en SD OCT



16/221 yeux ont développé de l'atrophie sur des zones de drusen après régression des drusen après un délai moyen de 20 mois

## Atrophie géographique naissante - « Nascent GA »

### Subsidence of the OPL and INL



Atrophie géographique naissante « nascent GA »

# Définition de signes prédictifs d'évolution vers l'atrophie en SD OCT

Affaissement de l'OPL et INL Discontinuité de l'ellipsoïde Image de bande hyporéfléctive en V aux bords de l'atrophie naissante Régression du drusen Augmentation inhomogène du signal choroïdien

Signes d'atrophie naissante dans 16/221 yeux (7%) Dans 20% des yeux avec drusen grande taille > 125 microns et migrations de pigment Signes d'atrophie naissante dans 90% des cas dans les 1500 microns centraux En moyenne 12 mois pour évoluer vers l'atrophie géographique (5 à 21 mois)

# Drusen séreux



## Drusen séreux

### Biomarqueurs de l'atrophie en OCT SD

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Analyse longitudinale de cas de DMLA intermédiaire sur 20 mois 221 yeux de 181 patients DMLA intermédiaire sans aucun signe d'atrophie 16 /221 yeux ont développé de l'atrophie au niveau des drusen en 20 mois Définition de signes prédictifs d'évolution vers l'atrophie en SD OCT

### Facteurs de risque de dvpt d'atrophie naissante

- **Migrations pigmentaires**
- Atrophie géographique naissante œil adelphe

Apparition de biomarqueurs d'imagerie pédictifs d'atrophie

Signes OCT d'atrophie naissante plus précoces → ttts plus précoces

## Intraretinal Hyperreflective Foci SD-OCT biomarker to atrophy atop drusenoid lesions

Optical Coherence Tomography–Based Observation of the Natural History of Drusenoid Lesion in Eyes with Dry Age-related Macular Degeneration

Ophthalmology 2013

Yanling Ouyang, MD,<sup>1,2,\*</sup> Florian M. Heussen, MD,<sup>1,2,\*</sup> Amirhossein Hariri, MD,<sup>1</sup> Pearse A. Keane, MD, MRCOphth,<sup>3</sup> SriniVas R. Sadda, MD<sup>1</sup>

> 29 patients, 41 eyes, 571 individual drusenoid lesions Follow-up 21 months 18/571 (3,2%) lesions evolved to RPE atrophy Independent predictors of atrophy: HRF and heterogeneous lesion reflectivity

Progression of Intermediate Age-related Macular Degeneration with Proliferation and Inner Retinal Migration of Hyperreflective Foci

Joseph G. Christenbury, BS,<sup>1</sup> Francisco A. Folgar, MD,<sup>1</sup> Rachelle V. O'Connell, BSE,<sup>1</sup> Stephanie J. Chiu, BSE,<sup>2</sup> Sina Farsiu, PhD,<sup>1,2</sup> Cynthia A. Toth, MD,<sup>1,2</sup> for the Age-related Eye Disease Study 2 Ancillary Spectral Domain Optical Coherence Tomography Study Group\*

Ophthalmology 2013

299 patients (299 eyes), follow-up 2 years Proliferation and inner retinal migration of HRF are predictors of atrophy

## Intraretinal Hyperreflective Foci SD-OCT biomarker to atrophy

Proposal of a simple optical coherence tomography-based scoring system for progression of age-related macular degeneration

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Jiangin Lei<sup>1,2,3</sup> · Siva Balasubramanian<sup>1,2</sup> · Nizar Saleh Abdelfattah<sup>1,2</sup> ·
Muneeswar G. Nittala<sup>1,2</sup> · SriniVas R. Sadda<sup>1,2</sup>
```

Graefes, 2017

### 138 patients

Simplified OCT-based system to predict both neovascular and atrophic AMD HRF, internal hyporeflectivity within drusen, total drusen volume, SDD

Retina

Associations Between Retinal Pigment Epithelium and Drusen Volume Changes During the Lifecycle of Large Drusenoid Pigment Epithelial Detachments

Chandrakumar Balaratnasingam,<sup>1-4</sup> Lawrence A. Yannuzzi,<sup>1,2</sup> Christine A. Curcio,<sup>5</sup> William H. Morgan,<sup>3</sup> Giuseppe Querques,<sup>6,7</sup> Vittorio Capuano,<sup>6</sup> Eric Souied,<sup>6,7</sup> Jesse Jung,<sup>1,2,8</sup> and K. Bailey Freund<sup>1-3</sup>

IOVS, 2016

21 cases of drusenoid PEDs, follow-up 4 years Life cycle: slow growth and fast collapse AVLs and HRF precede the breakpoint, concomitant to the RPE disruption, before PED collapse

## **Drusenoid PEDs**

## Imaging biomarkers to atrophy

## 21 cases of drusenoid PEDs follow-up 4 years

### Acquired vitelliform lesions Hyperreflective foci

precede the breakpoint of PED concomitant to the RPE disruption <sup>3</sup> before PED collapse



Balaratnasingam C, Yannuzzi LA, Curcio CA, et al. Associations between retinal pigment epithelium and drusen volume changes during the lifecycle of large drusenoid pigment epithelial detachments. Invest Ophthalmol Vis Sci. 2016.

### Intraretinal Hyperreflective Foci SD-OCT biomarker to atrophy and histopathologic correlate

### Special Issue

Activated Retinal Pigment Epithelium, an Optical Coherence Tomography Biomarker for Progression in Age-Related Macular Degeneration

Christine A. Curcio,<sup>1</sup> Emma C. Zanzottera,<sup>2</sup> Thomas Ach,<sup>3</sup> Chandrakumar Balaratnasingam,<sup>4,5</sup> and K. Bailey Freund<sup>6-8</sup>



**Christine Curcio** 

Hyperreflective foci over PEDs Activated RPE cells migrating anteriorly RPE death prevents production of druse components and precede PED collapse



## Intraretinal Hyperreflective Foci SD-OCT biomarker to neovascularization



Freund KB, Zweifel SA, Engelbert M. Do we need a new classification for CNV in AMD? Retina 2010. Coscas G, Benedetto U, Coscas F, Li Calzi CI, Vismara S, Roudot-Thoraval F, Bandello F, Souied E. Hyperreflective dots: a new SD-OCT entity for follow-up and prognosis in exudative AMD. Ophthalmologica 2013

## **Intraretinal Hyperreflective Foci** AO imaging in Geographic Atrophy



Kiyoko Gocho





**G**nagine eyes

Flood illumination; 840nm

Flood AO shows RPE disruption and melanin redistribution (Gocho et al. IOVS 2013)

## AO imaging in Geographic Atrophy Time lapse over 3 months



Standard deviation: Changes over time

Melanin deposits at margins may accompany progression

The various locations of pigmented cells (retinal/ subretinal/ in tubulations/ under basal laminar drusens) may determine their migration pathways

**Michel Paques** 



Current work: Automated cell tracking to look at scale and rate of migration in atrophy versus preserved zones

## Intraretinal Hyperreflective Foci AO imaging at Geographic Atrophy Borders



## At which retinal depth are these dark spots located? Look at OCT Challenging to locate single melanin clumps on the OCT slice...

If these dark spots contain melanin, we should see them in near infrared autofluoresence (NIRAF) AO imaging
 ⇒We plan to perform NIRAF AO imaging in 2017

 (collaboration Dr Ethan Rossi, University of Pittsburgh Medical Center)

## **Drusenoid Lesions**

### Conclusions

Hyperreflective Foci (HRF) Acquired Vitelliform Lesion (AVL)

Mixed content



Total drusen volume, HRF and AVL are imaging biomarkers of RPE loss Total drusen volume and HRF are imaging biomarkers of neovascularization Histologic correlate of HRF may be migrating RPE cells macrophages/microglial cells both
#### La choroïde module l'expression de la DMLA Pachydrusen = Drusen associés à la pachychoroïde



Dépôts ovoïdes, formes complexes Larges > 125 microns Pas de distribution radiaire Pas de confluence au centre macula Pas de pigment

71 patients (94 yeux) de DMLA précoce pachydrusen = 12%

Spaide RF. Disease expression in nonexudative AMD varies with choroidal thickness. Retina 2017

#### La choroïde module l'expression de la DMLA Pachydrusen = Drusen associés à la pachychoroïde

DISEASE EXPRESSION IN NONEXUDATIVE AGE-RELATED MACULAR DEGENERATION VARIES WITH CHOROIDAL THICKNESS

RICHARD F. SPAIDE, MD





#### Drusen séreux

#### Pachydrusen

Bilateral, symmetrical, earlier age at onset than AMD



« Innumerable, small, uniformly sized, discretely round, slightly raised, yellow »

Gass JD. Stereoscopic Atlas of Macular Disease Diagnosis and Treatment. St. Louis: Mosby; 1977. p. 170-5

#### Fluorescein Angiography: Stars- in-the-sky pattern

Bilateral, symmetrical, earlier age at onset than AMD, stronger familial component



Gass JD. Stereoscopic Atlas of Macular Disease Diagnosis and Treatment. St. Louis: Mosby; 1977. p. 170-5 Boon CJF, van de Ven JPH, Hoyng CB, den Hollander AI, Klevering BJ (2013) Cuticular drusen: stars in the Sky. Prog Retin Eye Res. 2013

#### Cuticular Drusen Is it AMD?

- Younger patients, different risk alleles profiles than what is found in AMD
- Histopathology:
  - 1985: Gass et al « basal laminar drusen »: nodular thickening of Bruch's membrane
  - 2000: Russell et al. location and composition similar to drusen from AMD



« similar to and perhaps indistinguishable from typical drusen from AMD.»

• However, lack of evidence of progression to atrophy or neovascular disease

Gass JD, Jallow S, Davis B. Adult vitelliform macular detachment occurring in patients with basal laminar drusen. Am J Ophthalmol. 1985 Russell SR, Mullins RF, Schneider BL, Hageman GS. Location, substructure, and composition of basal laminar drusen compared with drusen associated with aging and age-related macular degeneration. Am J Ophthalmol. 2000 Boon CJF, van de Ven JPH, Hoyng CB, den Hollander AI, Klevering BJ (2013) Cuticular drusen: stars in the Sky. Prog Retin Eye Res. 2013

#### Cuticular Drusen Is it AMD?



## Cuticular Drusen Fundus Autofluorescence Typical Pattern













Decreased Lipofuscin

#### Cuticular Drusen SD-OCT Saw-Tooth Pattern





Spaide RF, Curcio CA. Drusen characterization with multimodal imaging. Retina. 2010 Oct;30(9):1441-54

Leng T, Rosenfeld PJ, Gregori G, Puliafito CA, Punjabi OS. Spectral domain optical coherence tomography characteristics of cuticular drusen. Retina. 2009

Querques G, Guigui B, Leveziel N, et al. Insights into pathology of cuticular drusen from integrated confocal scanning laser ophthalmoscopy imaging and corresponding spectral domain optical coherence tomography. Graefes Arch Clin Exp Ophthalmol. 2011 Nov;249(11):1617-25.

### Cuticular Drusen Multimodal Imaging Various Patterns





59-year-old female





### Cuticular Drusen Multimodal Imaging Various Patterns



62-year-old female

# Cuticular Drusen Multimodal Imaging









#### Fundus Autofluorescence Various Patterns



FAF: silent



FAF: hyperAF



FAF: hypoAF with hyperAF rim

#### Various imaging patterns may correspond to evolutive stages or different phenotypes

#### Cuticular Drusen SD-OCT Various Patterns





120 patients (240 eyes)

58 years

Chandrakumar Balaratnasingam



Balaratnasingam, Cherepanoff, Dolz-Marco, Killingsworth, Chen, Mendis, Mrejen, Curcio, Freund, Yannuzzi. Cuticular drursen: clinical phenotypes and natural history defined using multimodal imaging. Ophthalmology. Accepted. 2017

Cuticular Drusen Adaptive Optics









### Cuticular Drusen Adaptive Optics



IR SLO

flood-illuminated IR AO

Balaratnasingam, Cherepanoff, Dolz-Marco, Killingsworth, Chen, Mendis, Mrejen, Curcio, Freund, Yannuzzi. Cuticular drursen: clinical phenotypes and natural history defined using multimodal imaging. Ophthalmology. Accepted. 2017

#### Cuticular Drusen Acquired Vitelliform Lesions



Balaratnasingam, Cherepanoff, Dolz-Marco, Killingsworth, Chen, Mendis, Mrejen, Curcio, Freund, Yannuzzi. Cuticular drursen: clinical phenotypes and natural history defined using multimodal imaging. Ophthalmology. Accepted. 2017

### Cuticular Drusen Acquired Vitelliform Lesions

24% of 240 eyes (1)

Choroidal thickening associated with vitelliform in 24 eyes (2)



47-year-old female

 Balaratnasingam, Cherepanoff, Dolz-Marco, Killingsworth, Chen, Mendis, Mrejen, Curcio, Freund, Yannuzzi. Cuticular drursen: clinical phenotypes and natural history defined using multimodal imaging. Ophthalmology. Accepted. 2017
 Mrejen-Uretsky S, Ayrault S, Nghiem-Buffet S, Quentel G, Cohen SY. Choroidal thickening in patients with cuticular drusen Combined with vitelliform macular detachment. Retina, 2016.

Acquired Vitelliform Lesion and Evolution to RPE Atrophy



Mrejen-Uretsky S, Ayrault S, Nghiem-Buffet S, Quentel G, Cohen SY. Choroidal thickening in patients with cuticular drusen Combined with vitelliform macular detachment. Retina, 2016.

#### Acquired Vitelliform Lesion and Evolution to RPE Atrophy

- Significant choroidal tickening in 12 eyes with cuticular drusen associated with vitelliform lesions compared to 12 eyes without
- Significant choroidal thinning after a follow-up of 3,3 years



- Cuticular drusen → outer blood retinal barrier dysfunction
- Choroidal vascular hyperpermeability  $\rightarrow$  serous retinal detachment  $\rightarrow$  vitelliform
- Vitelliform → RPE atrophy → vitelliform resorption and choroidal thinning

Mrejen-Uretsky S, Ayrault S, Nghiem-Buffet S, Quentel G, Cohen SY. Choroidal thickening in patients with cuticular drusen Combined with vitelliform macular detachment. Retina, 2016.

Acquired Vitelliform Lesion and Pigmentary Changes



Acquired Vitelliform Lesion and Pigmentary Changes









## Cuticular Drusen Pigmentary Changes







47% of 240 eyes



Balaratnasingam, Cherepanoff, Dolz-Marco, Killingsworth, Chen, Mendis, Mrejen, Curcio, Freund, Yannuzzi. Cuticular drursen: clinical phenotypes and natural history defined using multimodal imaging. Ophthalmology. Accepted. 2017

### Cuticular Drusen Choroidal Neovascularization



Balaratnasingam, Cherepanoff, Dolz-Marco, Killingsworth, Chen, Mendis, Mrejen, Curcio, Freund, Yannuzzi. Cuticular drursen: clinical phenotypes and natural history defined using multimodal imaging. Ophthalmology. Accepted. 2017

## Cuticular Drusen Mixed Pattern with Soft Drusen



Lawrence Yannuzzi



Same long-term complications than other drusen types but better prognosis The neovascular and atrophic complications are more frequent after the age of 60 years

Balaratnasingam, Cherepanoff, Dolz-Marco, Killingsworth, Chen, Mendis, Mrejen, Curcio, Freund, Yannuzzi. Cuticular drursen: clinical phenotypes and natural history defined using multimodal imaging. Ophthalmology. Accepted. 2017

# Reticular Pseudodrusen

"les pseudo-drusen visibles en lumiere bleue"

Mimoun, Soubrane, Coscas. Macular Drusen. 1990

Reticular Pseudodrusen Population based studies

- Beaver Dam Eye Study: risque X 5 de progression vers stades tardifs de DMLA à 5 ans en présence de pseudodrusen, comparé aux autres phénotypes de DMLA précoce
- Blue Mountain Eye Study: risque X 4
- Mêmes FdR environnementaux que DMLA
- Mêmes FdR génétiques que DMLA (HTRA1, CFH, ARMS2)
- Composition biochimique vs aux drusen séreux
  Cholestérol non estérifié SDD et estérifié drusen séreux
- Distribution périfovéolaire vs centrale pour les drusen séreux

#### Pseudodrusen Réticulés

- Peuvent être isolés sans autre signe de DMLA
- Peuvent être associés à certaines dystrophies
  - Sorsby fundus dystrophy (TIMP3)
  - Pseudoxanthoma Elasticum (ABCC6)
  - Fundus albipunctatus (RDH5)

### Vitelliform in RPE Disease

Reticular Pseudodrusen / Subretinal Drusenoid DepositsFundus Albipunctatus (RDH5, retinol deshydrogénase 5)

Dots



#### Vitelliform in RPE Disease

Subretinal Drusenoid Deposits

Fundus Albipunctatus



# Reticular Pseudodrusen

#### Reticular pseudodrusen are "Subretinal Drusenoid Deposits (SDD)"



Reticular Pseudodrusen Are Subretinal Drusenoid Deposits

Sandrine A. Zweifel, MD,<sup>1,2</sup> Richard F. Spaide, MD,<sup>2</sup> Christine A. Curcio, PhD,<sup>3</sup> Goldis Malek, PhD,<sup>4</sup> Yutaka Imamura, MD<sup>1,2</sup> Ophthalmology, 2010

## Reticular Pseudodrusen



Reticular Pseudodrusen are subretinal Similar composition as conventional drusen Differential Impact on photoreceptors

# Reticular Pseudodrusen Prevalence discrepancies

- Fellow eyes of neovascular AMD
  - Smith et al: 36% on color fundus photography and FAF (55 patients)
  - Finger et al: 58% on combined IR-SLO and SD OCT imaging (200 patients)
- Newly diagnosed neovascular AMD
  - Cohen et al: 24% on bue light photography (100 patients)
- Newly-diagnosed late AMD
  - Ueda-Arakawa et al: 14% on combined SD OCT and IR SLO (249 patients)
  - low prevalence (included PCV, younger and less female, ethnic differences?)

Smith RT, Chan JK, Busuoic M, Sivagnanavel V, Bird AC, Chong NV. Autofluorescence characteristics of early, atrophic, and high-risk fellow eyes in age-related macular degeneration. IOVS 2006.

Cohen SY, Dubois L, Tadayoni R, et al. Prevalence of reticular pseudodrusen in age-related macular degeneration with newly diagnosed choroidal neovascularisation. Br J Ophthalmol. 2007

Finger RP, Wu Z, Luu CD, et al. Reticular pseudodrusen: a risk factor for geographic atrophy in fellow eyes of individuals with unilateral choroidal neovascularization. Ophthalmology. 2014

Ueda-Arakawa N, Ooto S, Nakata I, et al. Prevalence and genomic association of reticular pseudodrusen in age-related macular degeneration. Am J Ophthalmol. 2013.

# Reticular Pseudodrusen SD-OCT

#### Reticular Pseudodrusen Are Subretinal Drusenoid Deposits

Ophthalmology, 2010

Sandrine A. Zweifel, MD,<sup>1,2</sup> Richard F. Spaide, MD,<sup>2</sup> Christine A. Curcio, PhD,<sup>3</sup> Goldis Malek, PhD,<sup>4</sup> Yutaka Imamura, MD<sup>1,2</sup>

# Normal Stage 1 Stage 2 Stage 3


## Reticular Pseudodrusen En Face SD-OCT



Switzer, Engelbert, Freund. Eye, 2011

## Reticular Pseudodrusen Subtypes





Dot pseudodrusen more frequent Visualized on IR-SLO: target lesion SD-OCT: peaked



Mihoko Suzuki

**Ribbon pseudodrusen** Best visualized on color photo SD-OCT: broader mounds

Pseudodrusen Subtypes as Delineated by Multimodal Imaging of the Fundus

MIHOKO SUZUKI, TAKU SATO, AND RICHARD F. SPAIDE







### Reticular Pseudodrusen Subtypes

### Multimodal Imaging











### Reticular Pseudodrusen Choroidal Thinning



#### Retina

Choroidal Changes Associated with Reticular Pseudodrusen

*Giuseppe Querques*,<sup>1,2</sup> *Lea Querques*,<sup>1,2</sup> *Raimondo Forte*,<sup>1</sup> *Natbalie Massamba*,<sup>1</sup> *Florence Coscas*,<sup>1</sup> *and Eric H. Souied*<sup>1</sup>

2012

SEGREGATION OF OPHTHALMOSCOPIC CHARACTERISTICS ACCORDING TO CHOROIDAL THICKNESS IN PATIENTS WITH EARLY AGE-RELATED MACULAR DEGENERATION

DAVID W. SWITZER, JR, MD, LUIS S. MENDONÇA, MD, MASAAKI SAITO, MD, SANDRINE A. ZWEIFEL, MD, RICHARD F. SPAIDE, MD

Choroidal Thinning



CHOROIDAL THICKNESS IN PATIENTS WITH EARLY AGE-RELATED MACULAR DEGENERATION

SANDRINE A. ZWEIFEL, MD, RICHARD F. SPAIDE, MD

Retina, 2012

### La choroïde module l'expression de la DMLA Drusen



Spaide RF. Disease expression in nonexudative AMD varies with choroidal thickness. Retina 2017

Reticular Pseudodrusen Association with RAP lesions





#### 90% of eyes with Type 3 NV have reticular pseudodrusen

Hogg RE, Silva R, Staurenghi G, Murphy G, Santos AR, Rosina C, Chakravarthy U. Clinical characteristics of reticular pseudodrusen in the fellow eyes of patients with unilateral AMD. Ophthalmology 2014.

Reticular Pseudodrusen Association with RAP lesions



« Kissing sign »

Querques G, Atmani K, Berboucha E, Martinelli D, Coscas G, Soubrane G, Souied EH. Angiographic analysis of retinal-choroidal anastomosis by confocal SLO technology and eye-tracked SD OCT. Retina 2010.

Association with RAP lesions and choroidal thinning

<b>CORRELATION BETWEE</b>	EN NEOVASCULAR
LESION TYPE AND CLIN	NICAL
CHARACTERISTICS OF	
NONNEOVASCULAR FEI	LLOW EYES IN
<b>PATIENTS WITH UNILA</b>	TERAL,
NEOVASCULAR AGE-RELATED MACULAR	
DEGENERATION	RETINA, THE JOURNAL OF RETINAL AND VITREOUS DISEASES • 2014

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< 120 µm

Choroidal Thickness

> 120 µm

**Type 3 NV (RAP)** Reticular Pseudodrusen Choroidal thickness < 120 μm Central RPE atrophy

**Type 1 NV (occults)** Less pseudodrusen Choroidal thickness > 120 μm

Hallmark of Geographic Atrophy

#### **Clinical Trials**

#### Reticular Drusen Associated with Geographic Atrophy in Age-Related Macular Degeneration

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#### 62% of 458 patients with GA had pseudodrusen



Mrejen S, Sato T, Curcio CA, Spaide RF. Assessing the cone photoreceptor mosaic in eyes with pseudodrusen and soft drusen in vivo using adaptive optics imaging. Ophthalmology 2013.

## Reticular Pseudodrusen Adaptive Optics

### Co-localization of SDD with IR-SLO, SD-OCT and AO



## Results

### **Cone Packing Density Analysis**

### Comparison of cone densities over and between SDD



Mrejen S, Sato T, Curcio CA, Spaide RF. Assessing the cone photoreceptor mosaic in eyes with pseudodrusen and soft drusen in vivo using adaptive optics imaging. Ophthalmology 2013.



### **Cone Packing Density Analysis**

### Comparison of cone densities over and between soft drusen



Mrejen S, Sato T, Curcio CA, Spaide RF. Assessing the cone photoreceptor mosaic in eyes with pseudodrusen and soft drusen in vivo using adaptive optics imaging. Ophthalmology 2013.

### Perturbations to Photoreceptors on Adaptive Optics

### Comparison of cone densities over and between SDD vs soft drusen

	SDD	Conventional Drusen	P Multivariate GEE
Mean density over drusen (±SD)	863 (±388)	9,838 (±3,723)	
Mean density between drusen (±SD)	8,964 (±2,793)	12,592 (±3,323)	
Ratio of density over and between drusen	9.6%	78.1%	<<0.001

Observed densities between drusen are within the range of densities determined histologically from grossly normal older donor retinas from similar eccentricities. Aging of the Human Photoreceptor Mosaic: Evidence for

Selective Vulnerability of Rods in Central Retina

### Reticular Pseudodrusen Perturbations to Photoreceptors on Adaptive Optics

### Comparison of SDD reflectivity on IR-SLO and AO

### Dark annulus constant width







**IR-SLO** 

AO

#### **Schematic**

# Different imaging characteristics may correspond to different stages of progression of SDD

Analysis of Progression of Reticular Pseudodrusen by Spectral Domain–Optical Coherence Tomography

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### SDD - Dark Annulus - Multimodal Imaging



K. Bailey Freund

## Reticular Pseudodrusen Perturbations to Photoreceptors on Adaptive Optics

### Causes of the lack of visualization of cones over SDD on AO

change in their orientation absence of inner segments absence of outer segments loss of cones in totality

Decreased cone function

# No difference in the heights of SDD vs soft drusen $\rightarrow$ true structural difference in photoreceptor configuration

SDD  $\rightarrow \downarrow$  cone density  $\rightarrow \downarrow$  photopic visual function Rods not visualized in his study but may be affected before cones in both aging and AMD

Mrejen S, Sato T, Curcio CA, Spaide RF. Assessing the cone photoreceptor mosaic in eyes with pseudodrusen and soft drusen in vivo using adaptive optics imaging. Ophthalmology 2013.

Photoreceptor Perturbation Around Subretinal Drusenoid Deposits as Revealed by Adaptive Optics Scanning Laser Ophthalmoscopy

#### YUHUA ZHANG, XIAOLIN WANG, ERNESTO BLANCO RIVERO, MARK E. CLARK, CLARK DOUGLAS WITHERSPOON, RICHARD F. SPAIDE, CHRISTOPHER A. GIRKIN, CYNTHIA OWSLEY, AND CHRISTINE A. CURCIO





Pseudodrusen are associated with major decrease in retinal sensitivity compared to soft drusen Major impact on macular function without RPE loss, due to outer retinal atrophy

## Reticular Pseudodrusen Regression and Outer Retinal Atrophy

21 eyes with pseudodrusen, mean follow-up 2,9 years
Regression of pseudodrusen in 43% of cases associated to:
Decrease in the photorecptor length and choroidal thickness on OCT
Loss of the ellipsoid band
Eyes without regression of pseudodrusen → no change in the overlying
retina or underlying choroid



Spaide RF. Outer retinal atrophy after regression of subretinal drusenoid deposits as a newly recognized form of late AMD. Retina. 2013 Oct;33(9):1800-8.

## Reticular Pseudodrusen Regression and Outer Retinal Atrophy



Spaide RF. Outer retinal atrophy after regression of subretinal drusenoid deposits as a newly recognized form of late AMD. Retina. 2013 Oct;33(9):1800-8.

## Reticular Pseudodrusen Associated Features

Choroidal thinning



Type 3 NV RAP lesion



Regression and Outer retinal atrophy



Reticular pseudodrusen are subretinal drusenoid deposits Hallmark of geographic atrophy Intraretinal neovascularization – Type 3 Outer retinal atrophy More threatening for vision and quality of life than conventional drusen

### Relationship between outer retinal atrophy and GA?

- Areas of PR degeneration extend beyond areas of RPE loss
  - Fleckenstein et al, IOVS 2008 (SD OCT)
  - Bird et al, JAMA Ophthalmology 2014 (Histopathology)
  - Takayashi et al, AJO 2016 (SD OCT)
- Histopathology and imaging studies
  - 2 patterns of GA
    - With photoreceptor loss in the perilesional area
    - With intact photoreceptors in the perilesional area

Fleckenstein M, Charbel Issa P, Helb HM, Schmitz-Valckenberg S, Finger RP, Scholl HP, Loeffler KU, Holz FG. High-resolution SD OCT imaging in GA associated with AMD. IOVS 2008.

Takahashi A, Ooto S, Yamashiro K, Oishi A, Tamura H, Nakanishi H, Ueda-Arakawa N, Tsujikawa A, Yoshimura N. Photoreceptor damage and reduction of retinal sensitivity surrounding GA in AMD. AJO 2016.

Bird AC, Phillips RL, Hageman GS. Geographic atrophy: a histopathological assessment. BJO 2014.

## Reticular Pseudodrusen Relationship between outer retinal atrophy and GA?



#### 2 patterns of RPE loss?

One primarily starting at the level of the RPE may be associated with soft drusen One preceded by photoreceptor loss may be associated with pseudodrusen

Bird AC, Phillips RL, Hageman GS. Geographic atrophy: a histopathological assessment. BJO 2014.

## Multimodal Imaging of Drusen Key Points

- Multimodal imaging is necessary to classify drusen
  - Important for providing visual prognosis
- Soft drusen
  - Drusen volume, hyperreflective foci and acquired vitelliform lesions are biomarkers of RPE atrophy
  - Hyperreflective foci on SD OCT correspond to migrated RPE cells
- Cuticular drusen
  - Part of the AMD spectrum
  - Younger patients, better prognosis
- Reticular pseudodrusen are subretinal and associated with processes starting intrinsic to the retina
  - Intraretinal neovascularization Type 3
  - Outer retinal atrophy
- Hypothesis: 2 patterns of atrophy in AMD
  - Primary RPE loss associated associated with soft conventional drusen
  - Primary photoreceptor loss associated with reticular pseudodrusen
- Research into therapeutics targeting photoreceptor loss could be considered for certain subtypes of AMD

## Paris Adaptive optics Retinal Imaging and Surgery (PARIS) group

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# Thank you for your attention